
WELCOME TO THE BLOSSOM CLINIC

I look forward to the opportunity of working together, to uncover the causes of the symptoms you or your children are experiencing and find healthy sustainable solutions, that will last into the future.

Please don't hesitate to email or call if you have any queries surrounding your treatment or call reception to speak with April or Heret. Both receptionists are students of child development and holistic medicine and are happy to assist.

In 2017 we are open 9-3.30 on Wednesdays, Fridays and Saturdays and check emails at least once daily. If urgent please call first.

We don't like to charge cancellation fees and so rely on mutual respect, requesting that if you need to change an appointment, to give as much notice as possible so we can all plan our busy lives. 2-3 days notice or more is helpful.

In the beginning you may need extra medicines eg natural anti-inflammatories and supplements for deficiencies. But as the causes are addressed and DIET and LIFESTYLE are adjusted, this will change to minimal required, down the track.

Remember to be patient with yourself, as our bodies are fully replaced over a 7 year period, so some tissues and organs will take longer to heal than others. If we have more information, it gives us the confidence and conviction to keep going with certain changes or supplements. This is why most conditions will be cured or substantially improved when we have 3 or more test results to assist and are given the time to implement.

Most conditions are caused by the following and so we aim to investigate these using the appropriate tests

1- Nutritional deficiencies or sometimes excess, for example too much copper will block use of zinc and iron even though blood levels may show normal. We use hair sampling and blood tests to determine

2- presence of toxic/heavy metals eg arsenic, aluminium, mercury. These are more common than you think and also block nutrients and cause inflammation. for example. Arsenic is high in some readily available grains like rice and interferes with immunity and can disrupt red blood cells leading to anaemia. Blood and hair sampling both help us to feel confident in addressing this.

3- Inflammation - Causes can vary but some are :

-immune reactions to food and environmental substances. While IgE testing is often done by medical professionals, with scratch tests, often overlooked is the IgG pathway which is a common cause of chronic low grade inflammation and more obscure and chronic symptoms including depression, muscle/nerve pain and headaches.

- immune reactions to a hidden virus or bacteria. For example It is estimated 20-25% of Australians have contact with LYMES and MYCOPLASMA, to name just 2 . We use blood tests and kinesiology to help determine hidden infections.
- sometimes inflammation is increased in those folk who don't make antioxidants very well, the main ones being glutathione and super oxide dismutase. If you are one of these people then an ongoing supplement may make the world of difference to you. Our genetic tests reveal these and other dispositions and nutritional patterns.

4- Finally, the other cause of dis-ease is presence of toxins such as pesticides, round up and chemicals in products we consume or use. Some people are more sensitive than others with these and that depends on genetic pathways to do with detoxification.

5- understanding that stress from trauma or from our environment can hinder healing. We aim to identify and gently heal this if it is a factor.

SUPPORT FOR LONG TERM CLIENTS

If your treatment requires ongoing care for a period of time, we wish to support you by offering 10% off cost of all medicines and herbs, from your third appointment onwards. This only applies to supplements bought at the time of consultation or if you already have an appointment booked, that you intend to keep.

We may also include other family members, when claiming on health funds, to maximise return benefits. If this is possible we will ask a few questions about your family member for our records.

Wishing you all the best of health and happiness, always

